



## The Art Of Being Self- Confident

Confidence is to hold a strong positive sense of one's self-worth and self-image. In practice, this means being comfortable interacting with others and being at ease in social situations. To be confident is to well understand who you are, both your strengths and weaknesses.

Tips for increasing confidence:

1. Be forgiving of yourself and be kind
2. Challenge yourself and leave your comfort zone
3. Make a list of positive traits you have
4. Practice confident body language
5. Realize you are not alone
6. Set attainable goals and strive towards them
7. Speak to yourself positively.

*By:- Mrs. Deepika Bai, Class Teacher, VI C*



## Children And Technology: Nurturing Healthy Habits

The internet and mobile devices have become integral to modern life, but their impact on children's health is a topic of concern. On the positive side, the internet offers a vast source of educational resources and opportunities for learning. Mobile devices provide access to information and connectivity, enhancing communication and knowledge. However, excessive screen time can lead to physical health issues like eye strain and sedentary-lifestyles, radiation, contributing to childhood obesity. Moreover, constant exposure to screens can affect mental health, causing sleep disruptions and potential addiction to social media or online gaming. It's crucial to strike a balance, encouraging responsible and mindful use while monitoring content for age-appropriateness. To ensure a healthy relationship between children and technology, parents should provide guidance and establish limits.

*By:- Mrs. Priyanka Class Teacher, VI B*

## The Inspiration- A Story Of Life

Meera was a curious and talented young girl from a small village near river Tapi. One day, she heard a group of traveling musicians singing in the woods and was enchanted by their music. She asked them to teach her to sing and they agreed. Meera practiced with the musicians every moment and soon became a talented singer herself. Her talent spread quickly, and Meera was invited to perform at regional weddings and festivals. However, some villagers were jealous of her success and spread rumors about her and her family. Meera was heartbroken, but she remembered her grandmother's advice to follow her dreams and never give up. With renewed determination, Meera continued to sing and share her music, inspiring others to follow their passions and never give up in adversity.

*By:- Apoorva Mettu, VI C*

## Value Of Education

Education is a weapon for the people by which they can live a high-quality life. It increases knowledge, strengthens the mind, and forms character. Moreover, education enables people to put their potentials to optimum use. It is also a type of reform for the human mind. Without education, the training of the human mind would always remain incomplete. A person who receives education shall have more avenues for the life of his/her choice. In addition to it an educated person will be able to make decisions in the best possible manner. Education enables a person to access the open world. On the contrary a person without education would remain closed to all the knowledge and wisdom an educated person can gain from books and other mediums.

To promote education, the government of India has taken it as a national policy. The intention of the government is to target the very cause of illiteracy. As such, the government endeavors to eradicate illiteracy, which in turn would lead to the eradication of poverty.

*By: G. Saritha Rani, Class Teacher, VI A*

## My Favorite Book - The Secret Seven

"The Secret Seven" is a set of 17 books written by Enid Blyton. The book is about seven friends named Jack, Peter, George, Colin, Janet, Pamela, and Barbara. They are children aged 14 years old who are interested in adventures and solving mysteries. The author describes how they find clues to solve mysteries. The author conveys the story in a humorous tone. Each book has a different mystery and solution to it. I first read this book in the library and took interest in reading the book and bought the whole set and read it. The main reason for reading the book is that it is intriguing and written in a way that is easy to understand.

*By:- B. Ragasai Bhavishya Reddy, VIC*

## School Life: Lessons, Laughter, and Tears

We ask the god for a place to have fun,  
he gave us one.  
School, which is more powerful than a gun.  
More than 10 years in our life,  
is spent in the school which is not rife.  
Here we found the friends,  
with whom the love extends.  
Teachers teach us lessons,  
that's why there are many professions.  
Happiness has many owners,  
because there's a myriad of jokers.  
There are many fights,  
but that doesn't make things right.  
First day of school life crying,  
later the content will be applying,  
But the end of school life is also sobbing.  
We say it is just a school,  
but we understand at last that it's a jewel.

By:- Akshaya, VI C

## Darjeeling

Darjeeling the small old hilly town  
with Kanchenjunga,  
snow lacing the peaks.  
The Sun rising so lovely  
And what more to say?  
Darjeeling,  
the door to the Northeast  
to Kamrup Kamakhya,  
And to the borders  
Going upwards.

By:- Ruhika Gayathri, VI C

Note: I like this place hence, I penned it.

## Tea Gardens and Rose Blooms: My Dussehra Travel Experience

Dussehra is a festival of joy and happiness, which we celebrate every year in October in India. The story relates to that of Lord Rama who defeated Ravana, a mystic king with his army and took Sita back to Ayodhya. During the Dussehra vacation, I visited Tamil Nadu (Kodaikanal) and Kerala (Munnar). It was a wonderful trip. I learnt many things about the famous places there, it was my trip which made me understand so much about India's tourist places. I had the best experience in Kodaikanal. Kodaikanal is also known as the princess of hill stations. In Munnar there were many tea gardens. I went to a tea factory, I watched and learnt how they made tea powder. I also went to a chocolate factory. Then I went to a rose garden and saw many beautiful roses over there. Travel and tourism is not just watching and enjoying but also a study of new things. I recommend you that vacation is not staying at home but also learning new things.

By:- Vedarth, VIC

## The Daring Girls

Once upon a time, there lived a girl named Tanvi. She lived in a cozy home with her parents and grandparents. She had a best friend named Geetika. They both loved to play together. Whenever Tanvi's grandmother went out for a walk, Tanvi followed her. Her grandmother told her spooky stories about an abandoned home near the playground. She warned her never to go there. One day when Tanvi and Geetika were playing cricket, the ball went inside the abandoned house. Geetika walked to-wards the house Tanvi reminded her that her grandmother told her to not venture into that house. Geetika said, "It was worth seeing". They crept inside the home when they were walking, Tanvi suddenly hit a chair and made a loud noise. Out of nowhere, a hand landed on their shoulders. They were shocked to see that many children were tied by ropes and were crying. They understood that they were kidnapped. Geetika had an idea. She asked Tanvi to drop her glasses on her hand. Geetika broke it with her hands and ferociously cut the rope then she ran to the table when the kidnappers weren't there, and she called the police. Suddenly, the police came and arrested the kidnappers and freed all the children. The news spread like wildfire. The whole nation knew about it and the Prime Minister honored Tanvi and Geetika with awards because they saved almost 235 children and caught two dangerous criminals.

By:- Aakansha, VI B

## Guess -The Indian Mathematician

- A man who was the first Indian Astronomer, Mathematician and Physicist, who created innovative and groundbreaking inventions and theories?
- He was born in a small place in Bihar during the Gupta dynasty dated around 13 April 476 CE.
- He is said to be the man who invented "Zero", a discovery that helped the world solve many of its issues.
- He presented the five laws of Mathematics in a poem to explain the rotation of the Earth on its axis.
- He was the one who discovered the entire model of the solar system and the concept of rotation and revolution of planets.
- The mathematical books that he has written deal with the theories of trigonometry, arithmetic, algebra, quadratic equations, and many more that are being used even today.
- He is one of the most renowned Indian Mathematicians.

Answer:- Aryabhatta.

By:-SLS Pranavi, VI B

## Did You Know?



- A mirage is an image of something that is not really there. A layer of warm air over a layer of cold air – this bends the light-making things that are far away to appear much closer than they are.
- Wormholes may be so tiny that they are narrower than a single atom.
- Enceladus, a moon of the planet Saturn, has ice volcanoes that erupt water.
- The Australian bloodwood tree oozes red sap that looks like blood when it is cut.

By:- Nushanth Raghava, VI B

### Riddles

1. Riddle: What would you find in the middle of Toronto?  
Answer: The letter "o"
2. Riddle: Two in a corner, one in a room, zero in a house, but one in a shelter. What is it?  
Answer: The letter "r".
3. Riddle: What is 3/7 chicken, 2/3 cat and 2/4 goat?  
Answer: Chicago.
4. Riddle: What goes through cities and fields, but never moves?  
Answer: A road.
5. Riddle: What can run but never walk, has a mouth but never talks, has a head but never weeps, has a bed but never sleeps?  
Answer: A river.

*By:- Maneesh, VI B*

### Responsibilities Of A Student

Oh! Student of today,  
you are a citizen of tomorrow.  
Have a goal in your life,  
that should be as sharp as a knife.  
Plan your day,  
so that you are not left at bay.  
Put your good thoughts into action,  
or else there will be friction.  
Hardwork has no substitute,  
and will not be taught in any institute.  
Don't consider it a defect, if you don't follow this,  
your future will be imperfect.

*By:- Akshith, VI B*

### The Bird with Golden Wings By Sudha Murthy- (Book Review)

"The Bird with Golden Wings" is a tale about a bird with golden wings. The main characters in this tale are—the golden bird, Varsha, and Kapila. When Varsha was in charge of looking after the grains of rice, suddenly, a golden bird appeared in front of Varsha and politely asked her, "May I have some rice grains?". Varsha allowed the bird to have some grains of rice while she said that her mother could not notice that some grains were missing. However, the bird was very hungry so she ate all the grains and as a mark of thankfulness the bird took Varsha to her house to thank her. While Varsha was on her way home from the bird's place with a handful of gifts, she saw Kapila, her mother's friend and told her the whole story about the magic of the golden bird. Kapila also had kept some rice in the backyard waiting for the golden bird and she offered the golden bird enough rice grains and asked the golden bird some gifts and the bird took Kapila to her home and gave gifts to Kapila, but when she touched the things the bird had given, they changed their value from gold to mud. This story teaches us that we should not be greedy. It is a great book for young readers.

*By:- G. Tanvi Sri Reddy, VI A*

### Wise Advice

One day, a young boy named Sam ignored the warnings of his parents and elders by going outside to play with his friends, despite strict instructions to remain indoors until his parents returned. Sadly, an elderly man with a greedy disposition noticed the open door and attempted to steal the money that Sam's parents had earned. Luckily, Sam caught the man just as he was leaving and asked him why he was stealing his parents' earnings. Sam demanded that the money be returned and warned the man to never come back again. Listen to your elders and be safe.

*By:- Vinayak Brijmohan Thammala, VI A*

### Guilt's Blooming Dance

To live is to unshackle oneself from the weight of guilt's oppressive yoke;  
the enduring remorse that casts a shadow upon our hearts,  
reserving the transgressions, gnawing at the fragments of our soul,  
leaving us crestfallen, our hope as delicate as obsidian,  
striving to attain the freedom beneath concealed truths.  
A ceaseless echo of deeds uncertain,  
the missteps taken for the radiance to bloom.  
These misdeeds haunt the tormented, tears dampen the ground,  
yet the sack of immoral truth remains firmly gripped by guilt.

*By:-K . Dhrupad Class VI C*

### Time And Tide Waits For None

"Time and Tide waits for none", is a famous proverb which illustrates the value and importance of time. It makes us realize that nothing is more precious than time. Time and tide never waits for us. We cannot stop the tide from occurring in the sea. In the same way, we cannot stop the time. It never follows the orders of others and does not stop for anyone. Everyone, who has taken birth, has to die one day and everything will decay as time passes. Idle people always waste their time and procrastinate. People, who do not perform their duties on time destroy their own lives, as well as the development of the nation. Time is extremely powerful. Lazy people cannot succeed in their life whereas hardworking people always touch the heights of success.

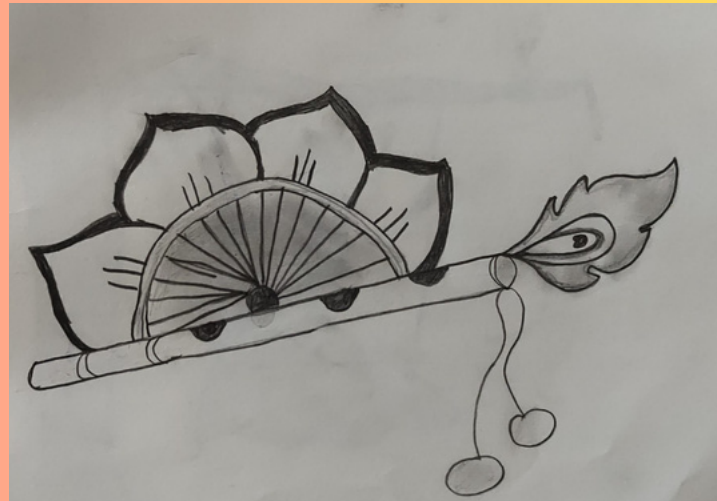
*By:- Srinika, VI A*



# Art & Craft



By: Bhumi, VI B



By: Kruthika, VI A



By: R. Rishik, VI B



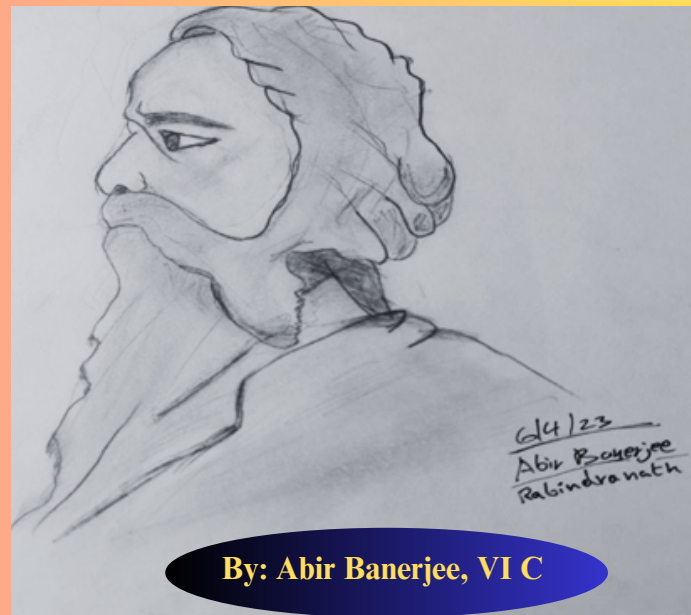
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