Reflections



CBSE Aff. No. 3630132







Academic Year 2023-24 (October)

Newsletter

From the Principal's Desk

Dear Friends and Fellow-Beings,

Time and tide waits for none, just slips! The new academic year started and we are already half way through. You may feel that when children are small, let them be small, they will manage their life when they grow up. Or there is an another view, that academic performance is one of the most important achievements. Imagine your children can do advanced math, speak 3 languages, get top grades for every exam, and can't manage their emotions, have outbursts at the smallest disturbance, get stressed out, are unable to prioritise their work and so on and so forth. What matters more? What is the future you foresee for yourself or your children? What is the definition of success?

Knowledge is the guiding light for the future.

"When adults think of children there is a simple truth we ignore: childhood is not preparation for adulthood, childhood is life. A child isn't getting ready to live, a child is living." This quote from John A Taylor's "Notes on an Unhurried Journey" is one that we as parents and adults all have to think deeply about. Hence, children also have the human qualities-smart, witty, intelligent, confident, flexible, reliable and the list is endless. What are skills? Skills are competencies that can be developed like communication, problem solving, enterprising, organised, and it goes on. As parents, we always want to give the best to our children. Every developmental milestone of a child as well as any human being needs to be addressed at the right time and age $appropriately. \ It is imperative that the educators and the elders of a school, work-place and social ecosystem work on themselves consciously to take up to the elders of a school of the elders of the elders of a school of the elders of a school of the elders of a school of the elders of$ the responsibility to prepare the next generations to be mature, productive and have the ability to adapt to the world that is changing at a speed much faster than the so-called olden days.

The school education system also has to change at a very fast pace to have generations that are better equipped to face this changing world. Hence came the NEP-2020 and then NCF-2023. Four NCFs have been developed:

- National Curriculum Framework for Early Childhood Care Education (NCF for ECCE)
- National Curriculum Framework for School Education (NCF for SE)
- National Curriculum Framework for Teacher Education (NCF for TE) and
- National Curriculum Framework for Adult Education (NCF for AE).

NCF for ECCE and NCF for SE are important as they are ready for implementation by all the national boards of India including CBSE. In preparation for that the teacher education courses are being modified and 50 hours of training for teachers on the job is mandatory for upgradation of knowledge, skills and attitude which together has been defined as competency.

Not only that, knowledge, skills and attitude which together have been defined as competency are captured on pages 24 and 25 of the NCF document as the aim of education in the modern day- ``Rational Thought and Independent Thinking/Autonomy: Making choices based on rational analysis, creativity, and the same of education in the modern day- ``Rational Thought and Independent Thinking/Autonomy: Making choices based on rational analysis, creativity, and the same of the sameand a grounded understanding of the world, and acting on those choices, is an exercise of autonomy. This indicates that the individual has gained the capacity for rational reasoning, critical thinking, knowledge with both breadth and depth, and discernment to understand and improve the world around them. Developing such independent thinkers who are curious, open to new ideas, think critically and creatively...'

Education, in a very fundamental sense, can be defined as the attainment of valuable knowledge, capacities, values, and dispositions and thereby develop the wisdom to take decisions in the interest of the community of which we are an integral part. If that is so, one of the key questions for any curriculum framework is: which knowledge, capacities, values, and dispositions are the most important? In other words, what is worth teaching? NCF responds to this question very specifically through a clear and precise set of 'Learning Standards.' The NCF document also says that all stakeholders of school education must give the greatest of attention to the 'Learning Standards.'

The goal of the new curriculum must be to transform our society into one that is more just, equitable, humane, prosperous, sustainable, and rooted in Indian ethos and culture. It should enable India's continued ascent and leadership on the global stage in terms of economic growth, social justice and equality, research and knowledge creation, scientific and technological advancement, environmental sustainability, and cultural preservation and vibrancy. The education system must ensure that the actual practice of the curricula, including content, pedagogy, environment, and culture in schools, clearly promotes these individual and societal goals.

https://ncert.nic.in/pdf/NCFSE-2023-August_2023.pdf Reference: https://ncert.nic.in/pdf/nep//NEP_2020.pdf

School Toppers of Class X

The students of Unicent School, Nagole, have once again showcased their unwavering determination, achieving a flawless 100% pass rate in the All India Central Board of Examinations for the Academic Year 2022-23. We extend our heartfelt congratulations and offer our utmost well-wishes as they embark on their forthcoming pursuits.

100 % Pass Percentage

CONGRATIULATIONS to the Toppers of A.Y 2022-23 CBSE Class X Board Exam

Aadityan

Acharva









Bellamkonda

Sheshi Kiran Addula

Class Average

Above 90

14 students

Chawla Between 80-89 9 students

Between 70-79

15 students

Nurturing Young Minds: Pre-Primary Activities for Growth and Fun

Discovering Learning and Development Through Sand Play in Nursery: Sand is also a toy and the less the toy does, the more the children learn. Students of Nursery had fun playing with sand. They used buckets and scoops from their kit and scooped the sand from the trays and poured it into the bucket. The effort of pouring it from one bucket to the other and lifting the sand develops a child's gross motor skills and strengthens muscles. Sand play also aids in hand eye coordination and boosts fine motor skills of students.



- By Ms.Lalitha, Mother Teache



Exploring the Activity Room: Kindergarteners had an Indoor Exploration in the activity room. They explored different corners for their daily activities such as Art area, Reading area, Home area, blocks and puzzle area etc. Exploration activities help students discover the lesson's values and morals. Children actively explored the new concept through concrete learning experiences. They were also made to communicate with their peers to make observations. This phase allows students to learn in a handson way.

- By Ms.Suhani, Mother Teacher

Word Train Activity: Learning three-letter words enhances a child's academic performance and improves spelling logography. Our tiny tots actively participated in the activity and enthusiastically read all the three-letter words. The teacher provided flashcards with the words written on them. Each child picked up the word and searched for the letters to make a word train. This activity helps in breaking down and creating new words.

- By Ms Poornima, Mother Teacher







Fruits Day: 'Eat Healthy and Stay Healthy'taking this objective into consideration, our pre-primary stars celebrated fruit day in the school. Children dressed up as their favorite fruit, they had a show-and-tell activity to speak about the fruit they liked the most. The junior master chefs used their skillful hands in making a yummy fruit salad. Children through this activity learned the benefits, taste, texture, color, and smell of each fruit they had brought.

- By Ms Mamta, Pre -Primary Coordinator

Family Day: Our little kindergartens Celebrated Family Day on 23th June 2023. A Puppet show was organized on the theme 'My Family Members' for the tiny tots to realize and undertand the importance of family in their life. It enabled the students to recognize that the family provides a sense of belonging and a unique identity to them. In groups, the students were also asked to tell about their family members.



- By Ms Poornima, Mother Teacher



Red Day: 'Red is the color of happiness and joy'. The day started with a special assembly conducted to emphasize on the significance of the color red. Our tiny tots looked stunning in their red outfits. Students brought red coloured objects from home and spoke a few sentences about it. Students had a learning experience by doing different activities like collage work, fork painting, etc...And it helped students to sort and classify objects based on colors thereby reinforcing cognitive skills.

- By Ms Pankaja, Mother Teacher

Doctor's Day: Doctor's Day aims to create awareness among the children about the importance of healthcare and encourage them to acknowledge the efforts of doctors in promoting a healthier society To salute the neverending spirit of our healthcare providers our pre primary wing celebrated Doctor's Day. They enacted as doctors and patients. Guest lectures sharing the importance of the healthy eating habit was also a part of the celebration. This exposure increases their interest and understanding of what doctors do every day.

- By Ms Suhani, Mother Teacher

Nurturing Young Minds: Pre-Primary Activities for Growth and Fun



Plants Day: 'Plants Day Celebration' was organized with various activities for the tiny tots of pre-primary to perceive the importance of plants in our lives. The celebration started with the morning assembly where children presented a role play on the germination of seeds with the help of their teachers. A story was narrated to the children to bring awareness about planting trees. They also planted saplings in the school premises. It was a day full of fun and excitement for the children.

- By Ms. Mamta, Pre -Primary Coordinator

Puppetry: Puppets can be used to bring stories to life and to spark the imagination in students. Telling stories with puppets also helps students to understand the story and have fun. The munchkins had a puppet show. Using puppets in teaching supports children to develop socially and emotionally. Students enjoy imaging puppets as their friend and feel more comfortable, engaging in social interactions and helping children understand and retell stories. Puppets can even boost attention span.

- By Ms Hemalatha, Mother Teacher







Button the shirt: Tiny tots of Unicent School, Nagole had a hands-on experience with the Button the Shirt activity. They tried their little fingers to button and unbutton a shirt. This activity builds independence and concentration among the children and develops coordination and a sense of order. Children also master self-care activities enhancing focus, motor skills and hand-eye coordination.

- By Ms. Mamta, Pre-Primary Coordinator

Learning While Playing: Shapes are an important foundation to cognitive development. The little stars had an outdoor activity of identifying shapes. The teacher arranged a few different colorful shapes on the floor and asked the children to identify and jump on it. It helps children to identify and organize visual information, it also helps to develop their skills in other areas of curriculum including reading, math and science.

- By Ms Lalitha, Mother Teacher



Field Trips Exploring Horizons: Journey of Learning



Grade X Field Trip To Forest Academy: Forest Academy is a renowned institution located in the heart of the city. Students of class X were taken on a Field trip to' Telangana Forest Academy' as a part of their project week under the theme 'Agriculture. 'The students were amazed by the picturesque surroundings and the vast expanse of greenery. The lush forest landscape provided a serene atmosphere for learning. The students were warmly welcomed by the staff of the Academy. They organized an orientation session, introducing us to the academy's history, mission, and core values. The students were friendly and eager to share their experiences, which made us feel comfortable and excited to explore the campus. During the visit, students had the opportunity to learn about the plants, their common names, scientific names, and its uses. It was an interesting and interactive exploration of the trees in the academy.

- By Gayatri, XA

Exploring the World of Healing: Students of grade VII and IX were taken to KIMS hospital as part of the field trip under the theme-"Health". This place was chosen to inculcate an opportunity to observe and comprehend the various healthcare facilities and advancements in the field of medicine collaborating with the theme. The students had a journey from Unicent School, Nagole to KIMS hospital in Secunderabad. They had an introductory session by the founder and managing director of the hospital Mr. Bhaskar Rao who is also a cardiothoracic surgeon. Later, the students were also asked to raise questions which were answered wholly, making the children aware of the advancements made in the health care systems.



Following this they had an interactive session with one of the senior doctors working there. The children were also given an opportunity to tour the hospital. They were shown each ward and what its significance was. All the students and teachers were given an eco-friendly kit, which had a seed in every article it contained, sensitizing them the usage of environmentally articles. At the end, the children had an enthusiastic session which deepened our appreciation for the health care systems and planted a seed of choosing science as a career for the young students.

- By Abhilasha , IX B

Field Trips Exploring Horizons: Journey of Learning



Blossoms and Beyond: Exploring Nature's Tapestry at the Botanical Gardens

Students of classes 6 and 8, Unicent School, Nagole had an educational field trip to Kotla Vijaya Bhaskara Reddy Botanical Garden located in Kondapur. The students explored this vast stretch of lush greenery while learning about the types of plants and their contributions to the ecosystem. The medicinal plants were particularly eye-catching and the aroma of flowers captured the hearts of many. The recreational zone made for the kids included the park classics but the ride on the swing surrounded by verdant foliage was nothing but magical. The students also got a lot of fun exercises as they played around the garden while being edified about gardening. Students were enlightened about the hard work that goes into maintaining plants and trees to keep them healthy as well as eye captivating. They were taken through the process of topiary which makes the bushes look like pieces of art. This trip connected the students with nature and provided a refreshing break from their monotonous schedules.

- By Veda VIII A

Visit to Solar Power Plant: The theme selected for this year's class 5 project is "Energy Management - Sustainable Utilization of Energy." As a component of this project, students were taken on an educational excursion to a solar power plant. This visit proved to be an invaluable learning experience for the students, as it provided them with insights into the significance of conserving energy. The trip shed light on the merits of solar energy as a sustainable and eco-friendly energy source. The primary objective of this project was to foster awareness among the students about the various forms of sustainable energy and their potential for safeguarding our planet and our own well-being.



- By Ms EV Lakshmi



Visit to Bansilalpet : Under the project theme of "Pollution Prevention," the students of grade IV had the opportunity to go on a field trip to Bansilalpet. During this excursion, they were able to witness and actively engage in the restoration efforts of a remarkable 55-foot deep Stepwell. This experience was not only informative but also immersive, aligning perfectly with their educational goals and enhancing their understanding of pollution prevention. It allowed them to grasp the practical aspects of preserving and revitalizing important historical and environmental resources.

- By Ms Chitra

- Aristotle

Visit to Rain Water Harvesting Theme Park: The theme of the project was 'For a Better Life. Water is the most essential source of our life on the Earth. So as a part of the project students of Grade II were taken to the field trip to 'Rain Water Harvesting Theme Park', which is located in Jubilee hills. Through this trip they have learnt the various methods by which we can conserve rainwater for the future generations like water Butt, In ground storage, collection of water from the roofs of the houses etc. Students were given a questionnaire which includes different components like interview based questions, observation and drawing based to reflect their learning.

- By Ms Sowmya



Term I Projects - From Ideas to Impact: Showcasing School Projects Theme - Health And Agriculture

Dimensions of Health in the modern world: Project presentation serves as a platform to showcase one's work, ideas, and achievements to an audience, ranging from peers to stakeholders. Our project week's theme was Health and Agriculture. The lesson taken for the project was 'A Truly Beautiful Mind' class IX English Language and Literature .. Our class was divided into three groups and each group was given a specific topic to present about. The activities were - Journal making, Panel discussion, Collage and Slogan writing, and Role play. All of these activities had an objective to improve skills such as public speaking, creative writing, and teamwork.

The Journal Writing and Collage Making group improved their writing skills, learnt how to concise information and present it in a creative manner. The group which had to do the Panel discussion, developed their public speaking skills, they also understood how to take questions and ask them to an audience. The Role play group could expand their communication and public speaking skills and theatrical expressions. It also helped to develop writing skills as we converted the story into script.

- By Sraddha Grade IX A





Grade X Project: Unicent students get involved in project weeks every year. They participate in a variety of activities throughout the week and collaborate with their peers. Class 10 students were assigned the theme "Health and Agriculture", for which they selected a lesson from each subject and worked on several projects. Certain tasks, such as role play/story, chart making, journal or pamphlet designing, essay writing, poem writing, street play, games, chart making, brochure making, PPT presentation and so on, were to be performed. Even the panels have been utilized to provide online presentations to encourage the adoption of e-learning. Students were given the opportunity to illustrate their creativity and presenting abilities. They understood their projects and expressed them to others in a variety of intriguing methods. They even considered doubts from their friends that helped them learn more about the project. The best part was that we could even give out remarks and suggestions for all the projects to make them more appealing. It was a lot of fun to learn from our fellow

Class VIII Project-based learning, is a powerful teaching method that has extensive benefits. Under the banner of project work students of grade-8 were made to take up different roles through various activities with the theme-'Agriculture and Health'. The theme was integrated to all the subjects and languages to were not an exception, students could connect it to all the subjects. It helped students deepen

their learning of applied content beyond facts or memorization. To infuse this ardor for learning, the students also visited the Botanical Garden and got to explore their curiosity ask questions and form a new love for learning. Students got to explore their curiosities, ask questions and form a new love for learning. - By S. Gayatri Grade VIII A

Grade VI, Students of grade VI embarked on a remarkable journey during a momentous project on the theme "Health and agriculture". Class 6B Done a project on where we will explore the fascinating intersection of agriculture and health. Agriculture plays a pivotal role in not only feeding the world but also contributing significantly to public health. we will delve into the critical linkages between agriculture and health, understanding how sustainable farming practices can positively impact the well-being of individuals and communities. The children participated actively in making models, role play, story telling, creating slogans for projects. In English they have done beautiful charts on the theme and they



presented well in the class. In telugu they played a role play ,the children got involved in their characters and they presented in creative way....Students have done various activities based on the project which broadened linguistic horizons as students conversed, read, and wrote extensively about Health and Agriculture in math. - By Aakankshi VI C

Grade VII, We students of Class 7, have recently completed a project centered around the theme of 'Health which was integrated to all our subjects - Telugu, English, Math, Science, and Social Studies. The primary goal of this project was to gain a deeper understanding of the significance of health in our lives. To achieve this, we engaged in various activities within our respective subject groups, such as solving crossword puzzles, participating in role plays, creating models, engaging in group discussions, and delivering PowerPoint presentations.

Working in groups for these activities taught us valuable interpersonal skills and values. We discovered the importance of effective collaboration within a team, which involved acknowledging and appreciating the contributions of our peers, sharing responsibilities, and finding compromises when needed.



- By K. Adhvitha VII B

Term I Projects - From Ideas to Impact: Showcasing School Projects Theme - Health And Agriculture

With environmental concerns on the rise, it is essential to educate and raise awareness among students about the significance of safeguarding our natural resources and wildlife. Our class 1 students have done the project on the theme 'Importance of togetherness.' The primary objective of this project was to instill a sense of responsibility and appreciation for nature among the students. Naming words activity was done by students as part of English where connecting naming words with nature allows students to feel a sense of ownership and responsibility for the environment. Math activity on Collecting data on school objects, such as tables, fans, doors, windows etc, raised awareness about the



resources being utilized within the school environment. This awareness can lead to discussions and initiatives on, conserving resources, and adopting more sustainable practices.

Paper bag making activity as part of EVS was done which was educational and community-engaging activity that empowers individuals to make positive changes for a greener and more sustainable environment. The students embarked on an educational field trip to The Nehru zoological park with a focus on conservation and animal welfare. Upon their return from the zoo, the students answered the questionnaire to share their experiences and knowledge gained during the visit.

- By Ms Kalpana - By Ms Kalpana



Grade II Project on the theme 'For Better Life' .: Students participated in different activities as a part of their project. In English students were asked to perform a role play and exhibit their skills through a fancy dress show on different stages of growth in human beings. Model making on the life cycle of butterflies and birds was also part of the project to understand how growth takes place in animals and birds. Further, students went to a rally on the school campus to spread awareness about the importance of trees for a better life. To improve their Mathematical skills they have done subtractions on a number grid with backward counting and also learned to differentiate the age of family members by answering the questionnaire. Students had

a great hands-on experience with different activities that helped them to improve their communication skills and creative thinking.

The students of Grade III, engaged in a comprehensive project centered around the theme of water conservation for sustainable development. In their English class, they collaborated on a touching group poem recitation and organized a slogan march to raise awareness about water conservation. These activities aimed to foster creativity, environmental awareness, and cultural understanding. Additionally, the students delved into the world of parades by exploring various parade types, celebrating diversity, and honing their communication skills. In mathematics, the project involved discovering the significance of dams in water conservation, fostering creativity through collecting and presenting dam images. In Telugu, students enhanced their language skills through collage work and word games. Meanwhile, in EVS, they created a model of the water cycle, charted different water sources, and performed a skit promoting wise water use. Finally, in Hindi, they expressed powerful messages through activities like slogan writing, dance, and model making, highlighting the importance of teamwork and creativity in delivering impactful messages. The project introduces young minds to the concept of water recycling through a Sewage Treatment Plant (STP) in our school campus. This project involves interactive lessons on water conservation, filtration techniques, and the importance of reusing water. Students were shown the filtration chambers for practical knowledge and understanding the water recycling process. Through reusing water. Students were shown the filtration chambers for practical knowledge and anticolors of this project, we aim to instill early awareness about environmental responsibility and inspire a generation of mindful water use.

— By Ms Ragadeepthi

Grade IV Project, Exploring Sustainable Energy and Pollution Control: In the first term of their fourth-grade curriculum, students explored the theme of "Sustainable Use of Energy" with a focus on "Pollution Control." Recognizing the growing importance of sustainable energy use and pollution mitigation, the class engaged in various interdisciplinary activities. In Social Studies, they crafted models of a zoo and designed posters advocating for forest conservation, thus promoting environmental awareness. Meanwhile, in Mathematics, they delved into the topic of "Addition and Subtraction" through group activities, fostering multiple intelligences and cooperative learning. Lastly, in English, students actively contributed to pollution prevention by engaging in activities like tie & dye using natural colors, designing brochures promoting herbal products, and researching



and presenting the effectiveness of herbs from their home kitchens and gardens, thereby emphasizing individual efforts in pollution reduction. This holistic approach aimed to educate and inspire students about sustainable practices and pollution control. - By Ms Ramya Kuberkar

The Grade V: project, themed "Sustainable Energy" during Term 1, has left an enduring impact on students. This interdisciplinary journey immersed them in the world of sustainable energy, with a focus on renewable sources. Subjects like English, Telugu, Hindi, Math, Science, Social Studies, and Computers converged to enrich their understanding. Students engaged in linguistic exploration, delved into practical math applications, and dissected the science behind solar panels. They built models, explored environmental impacts, and learned the relationship between renewable energy and communities. Artistic activities fostered creativity, while role-playing scenarios honed teamwork and communication. A field trip to a solar facility provided real-world context. This holistic approach prepared them as informed global citizens, emphasizing creativity, critical thinking, and collaboration. Armed with knowledge and dedication, they are ready to effect positive change in their communities and beyond, showcasing the potential of integrated learning for holistic growth.



Grade VI: project, with the theme "Journey into Agriculture: Learning About Farming," aimed to help Grade VI students, explore the fascinating world of farming through exciting activities that catered to different learning styles. We were divided into five groups, each with six students, and into the theme of agriculture. We engaged in various activities like creating PowerPoint presentations about farming tools and crops, doing role plays to understand the life of farmers, setting up a word wall to expand our vocabulary, making informative charts, and studying maps to learn about village settlements. Through these activities, we improved our physical, verbal, and visual skills. Our main goal was to grasp farming techniques, tools, and the significance of crops like paddy and barley. Our teachers assessed our understanding, and at the end, we reflected on our learning experiences and shared our newfound knowledge with our class. We were encouraged to keep exploring farming by visiting farms or talking to real farmers, and we might even receive certificates to recognize our hard work in this exciting project!

- By Dhrupad VI C

School Spectacular: Celebrations

Investiture Ceremony: "Leaders are not the ones who do not fear, but the ones who conquer them and rule withconfidence." The young prefect council contingent of the Unicent school celebrated the investiture ceremony for the academic year 2023-24. On 12th of April the students of grade IX B graced the stage with an assembly session. Our academic incharge Mrs. Reshma Satav shared a few words of wisdom enlightening a spark in the morals of Unicents prefects. The newly elected cabinet showcased their dignity and respect in the form of a contingent march. The dignitaries hoisted the Unicent flag with higher respect for the establishment. Following it, our director Mrs. Sujini Kantheti and our respected principal Mrs. Rachna Bhattacharje, academic coordinator Ms. Reshma Satav and the house incharges pinned up the badges and sashes to the prefect council. The most promising moment was, the head boy and the head girl pledged to contribute their paths to the fullest and hold Unicent in greater heights. Students in Class VII sang a song about responsibility, which lifted the spirits of the new leaders. Following that, our director Mrs. Sujani Kantheti and our principal Mrs. Rachana Battacharjee inspired the other students to be future leaders too. This auspicious event culminated with a vote of thanks by the PET instructor, Mr. Naresh. We then finally concluded the event by singing our national anthem.

- By Gayatri Devi, XA





Founder's Day (An Event Celebrating A Visionary And Honoring Legacy): The students of grades VI-IX collectively put up their efforts in making a recent event successful. These students were part of a wonderful example to show how young unicentians portray themselves as future leaders and contributors to the society. This was the day when we pay tribute to the visionary who laid the foundation of this remarkable institution, our beloved Late Kantheti Ravindra Babu. This day was interestingly celebrated with splendor and magnificence and it's a testament to the hard work and dedication of everyone involved. There were speeches by students portraying the legacy of the founder and the importance of indigenous sports and one of the most celebrated sports personalities 'Dhyan Chand'. Speeches given by the dignitaries wholly depicted how the founder had been an inspiration to young minds. Students of grade 7 participated actively in giving a gracious performance through a dance drama on how a guru impacted a student's life. Through Founders' Day, we honor the enduring inheritance of those who dared to dream and build, leaving a lasting impact on generations to come. Overall, this was an extraordinary experience for all involved.

- By Abhilasha Reddy, IX B

International Yoga Day: Unicent School students celebrated "International Yoga Day" on June 21, 2023, at the District Headquarters in Secunderabad. This day pays tribute to the ancient Indian practice of yoga and aims to promote its significance. During the event, we enthusiastically performed various yoga asanas, including Bhujangasana, Adho Mukha Svanasana, Tadasana, and Vrikshasana. We extend our gratitude to Mr. Sai Baba and Mrs. Bhavana for imparting their knowledge about the significance of these asanas. We believe that incorporating these asanas into our daily routines can greatly contribute to a healthier life for everyone. To conclude the event, the District Headquarters provided snacks for all students, making it a memorable and educational experience for us all.

— By Madar, VIII B





Independence Day Celebration Illuminated Through Innovation: Unicent School commemorated India's 77th Independence Day with great fervor and enthusiasm. The day began with a special assembly organized by the Class VIII students, showcasing the rich cultural heritage and diversity of India. The chief guest, one of the senior most teachers, hoisted the flag and addressed the gathering. Later the programme unfolded with the symbolic march of the Scouts and Guides

Troupe, a reminder that the youth of the nation are its true strength, carrying the torch of unity and discipline forward into a brighter tomorrow . Moreover ,the atmosphere was charged with a sense of unity as students from different houses collaborated to present a spectacular display of patriotism. The patriotic songs sung by the students filled the air with the echoes of freedom and love for the motherland. In a significant step towards guiding students on their future paths, the school proudly inaugurated the Career Counseling Lab. This lab aims to provide students with valuable insights into various career options and assist them in making informed decisions about their futures. The Math and Science exhibition held on this occasion showcased the innovative prowess of the students. The exhibits ranged from intricate mathematical models to thought-provoking science experiments, emphasizing the importance of practical learning and critical thinking.

- By K Abhiram, IX A

National Sports Day: Uniting Athletes, Competition and Fun! Unicent school believes that with education, sports is an integral part of a healthy development of the student thus various games were conducted on occasion of National Sports Day. The IX and the X graders took interest in the game of kabaddi which was conducted as an Inter House Competition with the participants from four houses, namely– Ruby, Emerald, Sapphire and Topaz. Each individual had fun being associated with the match and gave their best to win for their team. Dumb charades was taken up for the classes VI, VII and VIII which were based on topics related to Maths, Science, Social, English and Computers. This event showed a significant growth in critical thinking and creativity of the children. The tiny tots of primary and pre-primary were involved in several indigenous games improving their physical growth. Overall, all the participants enjoyed the activities conducted. They also realized that winning isn't everything and that they should learn to accept failure. Unknowingly, they gained experience which is one of the key components of success.

- By Tarini Kulkarni, IX B



Teachers Day: Celebrating the Difference-Makers: Michael Morpurgo wisely stated, "It's the teacher that makes the difference, not the classroom." Teachers Day is a special occasion which is celebrated on the birth anniversary of the revered Dr. Sarvepalli Radhakrishna. On this memorable day, the students of class 10 decided to make a difference by stepping into the shoes of their beloved teachers. Dressed in colorful attire, they embraced the responsibility of teaching and guiding their fellow students. The day's festivities commenced with the students gathering for the morning assembly. Heartfelt speeches were delivered, paying tribute to the dedicated teachers who shape our lives. The celebration continued with captivating dances and melodious songs. Moreover the students of class 10 were entrusted with the role of a governing body, providing valuable guidance to their vounger peers. This transfer of responsibility demonstrated the spirit of mentorship and leadership. Later, the He

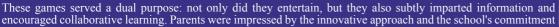
younger peers. This transfer of responsibility demonstrated the spirit of mentorship and leadership. Later, the Head Girl expressed her heartfelt gratitude to all the teachers who have left an indelible mark on the lives of students. The event concluded with a Vote of Thanks, extending appreciation to all those who contributed to the success of this memorable day.

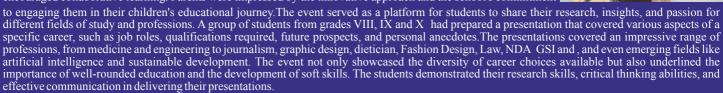
- By Neeraj, IXB

Guiding your path: Empowering Futures through Career Counseling

Inauguration of Career Counseling Lab: Unicent School Nagole inaugurated the Career Counseling Lab on 15 th August 2023 which marked a significant step towards guiding students on their academic and professional paths. It aims to provide comprehensive information about various career options, courses, colleges, and industries, assisting students in making well-informed decisions about their future aspirations.

The event was an interactive affair that engaged both students and parents. The students showcased their creativity and knowledge through engaging games designed to stimulate intellectual curiosity. Parents participated enthusiastically in activities like crosswords, word searches, and identifying universities and countries on a world map.





The Career Counseling Lab is more than just a physical space; it symbolizes Unicent School's dedication to nurturing the dreams and aspirations of its students. By combining traditional values with modern tools, the school is preparing its students to navigate the complexities of the professional world while staying true to their passions, ensuring that its students are well-prepared to make a positive impact on society.

- By Sanjana XB, Head Girl

CBSE Activities

CBSE Extracurricular Initiatives: Fostering Holistic Development

Co-curricular activities play an integral role in the school curriculum, offering students educational experiences that expand their horizons. These activities ignite students' interests and provide equal opportunities for all to participate, preparing them practically for the future. The CBSE Group encourages schools to incorporate such activities into academic learning. Unicent School has been committed to enhancing students' physical and mental well-being, time management, and social skills through various initiatives.

Mission Life: Our first endeavor was a global program initiated by our country to combat climate change and promote a healthy lifestyle aligned with the United Nations' Sustainable Development Goals. Our school's dedication to environmental conservation was evident through activities like painting on World Environment Day, rallying for saving water on World Water Day and taking initiatives for waste management. A field trip to the botanical garden was organized to educate students about the environment's significance.





P.N. Panicker Reading Week: Secondly, the "P.N. Panicker Reading Week" at our school commenced with classes 9 and 10 taking a pledge to read more books and explore a wide range of e-books. Class 7 and 8 had the unique opportunity of interacting with Ms. Aarthi Bakshi, a counselor through live streaming. Students from grades 1 and 2 showcased their poetry recitation skills, while those in grades 3 to 8 engaged in creative group reading activities. Classes 3-5 committed themselves to reading by writing inspiring slogans, and class 6 hosted a storytelling competition. Class 7 crafted essays on "Reading for Empowerment", and class 8 presented eloquent speeches on the value of books as companions. Furthermore, classes 9 and 10 participated in an informative quiz covering writers, poetry, and current events.

Capacity Building Programme on Cyber Safety & Security: In today's digital age, where technology is ubiquitous, imparting cyber safety and security awareness to children is of paramount importance. As young minds navigate the vast online landscape, they encounter opportunities and risks that necessitate a solid understanding of digital interactions. To address this concern, CBSE organized a "Capacity Building Programme on Cyber Safety & Security." The program emphasized the growing crime rate due to extensive technology usage and highlighted the roles of Cyber Cell and POCSO in the school settings. The teachers guided students in understanding cyber rules and self-protection techniques. Without awareness of internet safety norms, children may become vulnerable to illegal activities, cyberbullying, fraud, or more severe threats.



Sports Festival: Lastly, just as reading and writing are essential, honing kinesthetic skills through sports is equally vital. Sports contribute significantly to a student's overall growth and development, promoting physical and mental well-being. Unicent School, Nagole, organized a "Sports Festival" in commemoration of Azadi ka Amrit Mahotsav. Physical education instructors, Mr. M. Naresh, Mr. Ramesh, and Ms. Radhika, emphasized the importance of physical fitness and briefed students about the activities. The festival featured a range of outdoor and indoor games, including football, sprint, kabaddi, kho-kho, dodgeball, and more,



 $providing \ students \ with \ a \ delightful \ opportunity \ to \ participate \ in \ physical \ fitness \ exercises.$

- By CBSE Team

Inspiring Moments: A Glimpse into Special Assemblies and Inter House Competitions"

Guru Purnima: Honoring the Light of Knowledge: Unicent School, Nagole observed Guru Purnima on 3 July 2023 to pay their tribute to all the Guru's. A special assembly was hosted by students of grade 8. They presented a skit to emphasize the importance of a guru in a student's life, a song was also dedicated to the teachers. Our teachers enlightened us and spoke a few words on this occasion.

- By K. Dhyana and K. Adhyitha, VII - B



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Raksha Bandhan: A Bond of Love and Protection: In a heartwarming assembly presentation by Class V-A, the spirit of Raksha Bandhan was beautifully celebrated with a mesmerizing dance performance and a soulful song dedicated to this bond. The assembly began with an aura of excitement as the students took the stage adorned in traditional attire, setting the stage with a captivating performance. The dance performance was the event's highlight, showcasing the deep and unbreakable bond between siblings. Following the dance, a melodious song filled the air, resonating with the sentiments of love and protection that Raksha Bandhan represents. In this

beautiful assembly presentation, Class V entertained and reminded everyone of their relationships and the importance of cherishing and nurturing them. It was a touching tribute to the bond that siblings shared, leaving a long lasting impression on the hearts of all who witnessed.

Janmashtami: A Festival of Joy and Devotion: Celebrating Janmashtami is a meaningful and enriching experience for young children, as it helps them upbring an appreciation for culture, values, and diversity while enjoying themselves and creating lasting memories. The little ones from Nursery to Class 2 enthusiastically participated in Janmashtami festivities. The day commenced with a morning assembly where Class 2 students shared the significance of the day. They also performed a delightful skit portraying Lord Krishna's Leela and danced. The munchkins dressed up as little Krishnas and Gopikas and added to the excitement with their lively dance performances. Moreover, the children had a great time breaking the Dahi Handi, symbolizing Lord Krishna's mischievous and playful nature, which added joy and happiness to the celebration.

- By Ms Mamta (Pre Primary Coordinator)



Inter House Competitions ,Inspire Camaraderie: Fostering Excellence and Unity: Inter House competitions provide an avenue for students to showcase their talents and skills in various fields. These events allow us to explore our interests, be it in sports, literature, arts, or science. We had various events such as essay writing, yoga and dance competition, Kabbadi and Indigenous games, poem recitation at different levels. Students of grade 6-8 also explored a different mode of learning their subjects through Dumb Charades. On teachers day the shadowing of the teachers by grade X was also a great way to develop skills bringing out the friendly rivalry among houses. These competitions drived students to give their best effort, pushing their boundaries to achieve excellence. The competitions taught us that success isn't solely defined by winning; it's about giving your best, learning from both triumphs and setbacks.

- By Vibha Varini (Grade XA)





Mathematical Marvels: Exploring the World of Numbers and Patterns: The math exhibition held at our school, was a thrilling and entertaining experience that allowed students to dive deep into the fascinating world of mathematics. Organized by our dedicated math department, this exhibition aimed to showcase the real-world applications and the sheer beauty of mathematics. The students from various grade levels came together to create interactive displays, models, activities, games and presentations using panel boards that made math come alive. Students and parents had interactive exhibits on geometry, algebra, and number systems. A group of students showcased the mathematics behind architecture and engineering, highlighting how geometric shapes and trigonometry are used to design buildings and bridges. The exhibition not only celebrated the beauty of mathematics but also inspired many of us to explore the subject further.

- By Anvitha Reddy, XB

Unveiling Wonders: A Journey Through the Science Exhibition: The science fair took place on 15th of August in Unicent School, Nagole, where there were many exciting projects put up by the students of classes 6th-10th. All the students were allotted the task to prepare the equipment required for their project and a formal presentation. Every activity was unique and they were based on the essential concepts and theories of science; that included research work, scientific solutions to severe problems, and working models that expounded the concept of the current affairs grounded in science. These are considered an opportunity for the students to display and expand their creativity. In conclusion, the science exhibitions develop their perspective based on the every-growing knowledge of science. Additionally, the exhibitions contribute to nurturing critical thinking in the minds of the pupils. This further helps them to grasp the concepts better.

- By Santhoshi, IX B



Clubs and Sports: Unleashing Potential, Building Community

Clubs in schools and colleges are crucial for comprehensive student development. They offer students with opportunities to explore various interests, enhance leadership abilities, and cultivate a sense of belonging. Unicent School offers a variety of clubs, ranging from French to Culinary, which not only enhances academic experiences but also promotes creativity and teamwork, equipping students for a balanced future.

Art and Craft Club: The Art and Craft club involves students to create Chinese dolls emphasizing the importance of precise paper folding, highlighting the significance of keen child observation. Students in this club have acquired skills in zig-zag folding and cutting techniques. Additionally, they have discovered how to craft intriguing and unique creations through simple foldings.

-By Rushitha, VIIB





Eco Club: Our school hosts various clubs, in which one of them is the Eco Club, dedicated to environmental preservation. Our teacher organized us into three teams, assigning distinct tasks. Each student enthusiastically engaged in these activities. Group one created seed balls, group two crafted posters advocating for the need of a greener environment, and group three assembled notepads on the same theme. These activities were both enjoyable and educational for the students.

- By Swanthan, XA

French Club: Participation in club activities fosters unity and teamwork among students, teaching them the value of collaborative effort. The French Club is a prime example of students gathering with a shared interest in French culture and language. At Unicent, we're fortunate to have a dedicated professional French trainer who employs engaging methods like songs, rhymes, and interactive activities to make language learning easy and enjoyable. Students eagerly embrace lessons on greetings, weekdays, numbers, and alphabets.

- By Kushal, VIIIA





Kathak Club: At the Kathak Club, students from grades 4 to 10 delve into the captivating world of Kathak dance. Through this art form, students master intricate hand movements known as "mudras," refining their dexterity and grace. Kathak also imparts the essential skill of maintaining balance, honed through the study of footwork techniques. Simultaneously, engaging in Kathak promotes physical strength, contributing to a well-rounded development experience for our students.

By: Manaswini, VIIIA

Literary Club: The Literary Club at our school deeply acknowledges the vital role of literature in nurturing the creative and imaginative minds of our students. Students come to understand its power to enhance language proficiency and cultivate a genuine appreciation for arts. To instill these values, the club organizes weekly sessions that encompass a diverse range of activities. These include engaging in JAM (Just-A-Minute) sessions, thought-provoking debates, spontaneous extempore speaking, captivating theater performances, insightful book reviews, and stimulating creative writing exercises. Furthermore, the students' commitment to the literary world is evident through their focus on book reading, which plays an integral role in developing students' reading comprehension skills, fostering a lifelong love for literature.

- By Rohan, IX A





Culinary Club: The Culinary Club in our school serves as a delightful platform for budding chefs and food enthusiasts to come together. Through hands-on cooking sessions students not only learn essential cooking techniques but also gain an appreciation for diverse cuisines. Students discover the joy of experimenting with flavors, ingredients, and cooking styles, enhancing their culinary skills.

- By K Manas, X A

Heritage Club: Unicent school has consistently fostered a culture that satisfies the inquisitive nature of students and instills a deep sense of curiosity and therefore ,the introduction of diverse clubs was among the initiatives undertaken by the school. One such interesting and captivating club is that of "Heritage and Tourism". This club offers students a gripping journey into the rich history and culture of India and around the world. This club is a perfect blend of educational and deep insight of culture alongside the fun and engaging activities. In this fast- paced world where one forgets to appreciate small things and overlook it, the club bestows a window of opportunity to take a pause and gives a deep appreciation of heritage sites and our rich culture.

- By Saanvi, X A



Sports: Elevate Your Game, Embrace Your Passion

At Unicent School, sports go beyond boundaries, bringing people together to celebrate skill and teamwork. They instill discipline, resilience, and a sense of unity while imparting essential life lessons. Our school's dedication to sports not only hones physical abilities but also nurtures character, shaping well-rounded, determined, and spirited individuals prepared to conquer any obstacle. Unicent offers a diverse array of sports, including martial arts, chess, volleyball, football, skating, table tennis, and more.



Martial Arts: Unicent's weekly sports program includes martial arts training, where students actively engage in these activities. Martial arts serve as an effective means to acquire self-defense skills and enhance physical fitness. This program helps students to acquire various techniques such as self-defense, body conditioning, and katas. Karate, in particular, contributes to improved concentration and memory enhancement through its rapid movements and targeted strikes at an opponent's vulnerabilities.

-By Charvi Kunde, VIIA

BasketBall: Basketball is an enjoyable sport that suits many skill levels and ages, owing to its worldwide popularity. Playing basketball strengthens muscular endurance, builds a healthy body, improves balance and coordination and develops fundamental movement skills. Students at Unicent are trained in this sport with the help of a professional coach every week. The students work in a way that improves body composition, boosting heart health, developing self-confidence, lowering stress, encouraging team spirit and developing communication skills within students.

- By Rewa, XB





Chess: Chess is a strategic board game played between two players on a checkerboard with 8*8 square grid arrangements of 64 squares. By playing chess children can build their analytical power while playing games as well as in various aspects of life. Students enjoy a lot while playing chess. They practice different moves in different situations. The tutor gives them different situations on the board and trains them to move the pieces in that situation so that they can get perfect.

- By Tishya, VIII B

Football: A power-packed football training session begins with zeal; firstly with warm-up exercises and stretching; followed by the aspirants being taught fundamental skills such as dribbling, passing, shooting, and ball control. To test the students level of practical knowledge, they were made to play practice matches where everyone tackled and defended the ball with all their might. We made mistakes, corrected them, and learned from them.







Skates: Learning to skate as a sport activity in our Unicent school offers a wide range of physical, mental, and social benefits that contribute to students' holistic development. It improves balance, coordination, flexibility and enhances muscular strength. Our students learn to skate with a lot of dedication and consistent effort. This process instills qualities of discipline, patience and perseverance.

- By Eshanth, VIIB

Volleyball: Sports play a vital role in promoting both physical and mental well-being, and volleyball is no exception. This team sport involves two teams, each consisting of six players, who compete with a ball on a court divided by a net. Volleyball in our school fosters physical fitness while enhancing teamwork and coordination among players. The court's division by a net adds to the game's excitement. To sum up, volleyball is a sport that not only makes you fit but also helps you make friends, think quickly, and play fairly.

- By Kartik Grade, XA





Kho Kho: Kho Kho, an ancient Indian sport with its origins deeply rooted in history, stands as the second most popular traditional tag game in our country. The game unfolds on a rectangular court, featuring a central lane connecting two poles situated at opposing ends. Multiple teams, each comprising 12 players .Benefits of playing Kho Kho include: Fostering Teamwork and Cooperation, Enhancing Mental Agility, and Promoting Social Interaction.

In conclusion, Kho Kho emerges as an enjoyable and highly beneficial activity in our school that contributes to physical fitness, mental acuity, teamwork, and social integration among individuals across various age groups and backgrounds.

-By Mr Ramesh, (PET)

Exploring Learning: Primary Wing Classroom Activities

CLASS 3-II language(Telug) ACTIVITY

నెమలి చిత్రాన్ని గీయుట: విధ్యార్ధులు నెమలి చిత్రాన్ని గీయడం ద్వారా చిత్రలేఖన నైపుణ్యం అభివృద్ధి చెందుతుంది. నెమలి గురించి మూడు వాక్యాలు రాస్తారు. దీని ద్వారా లేఖన నైపుణ్యం అభివృద్ధి చెందుతుంది. నెమలి మన జాతీయ పక్షి అని తెలుసుకుంటారు.

-By Ms. Anitha, Telugu faculty

English- Pairing English and Non-English words activity

Nouns in English are usually paired with English adjectives, it is interesting when English adjectives are paired with non-English words. For a poem' Mela Menagerie', students of Class 4 paired English adjectives with non-English names similar to the phrases of the poem by drawing the same.

- By Ms Ramya Kuberkar

Engaging Expressions: Class IX English Street Play Extravaganza

In an engaging open-door activity, Class IXA English students ventured beyond the confines of the classroom to the amphi-theater. There, they were divided into four groups, each entrusted with a distinct literary piece. Group 1 embraced "No Men are Foreign," celebrating global unity and diversity on an outdoor stage. Group 2 explored the environmental message of "On Killing a Tree" amidst the natural surroundings, championing the importance of nature. Group 3 brought "The Legend of Northland" to life against the backdrop of the amphitheater, immersing

Class 4-English & Math

Math- Symmetry is a fundamental part of geometry, nature, and shapes. It creates patterns that help us organize our world conceptually. At Unicent, the grade 4 students were made to do an art-integrated subject enrichment activity using A4 sheets and colors. They learnt how to make symmetrical shapes by creating their own designs on paper. The learning process became better and students enjoyed doing it.

- By Ms Anupama

Class 5 - Math

Students of class 5 have done an activity on expanding 5,6 and 7 digit numbers using the number cards. Students were given some numbers randomly and they were shown the expanded form of the given 6 digit, 7 digit numbers using the number cards given to them. Through this activity students were able to differentiate between the place value and face value of a number. They understood that the value of the number depends on the place value where it stands.

- Bv Manaswini VA



themselves in the world of folklore. Finally, Group 4 offered an outdoor rendition of an excerpt from Abdul Kalam's "My Childhood," enhancing their connection to the visionary's upbringing. This immersive street play activity not only nurtured creativity but also allowed students to resonate with their assigned texts in a unique and memorable setting.

By Venkat Praneeth IX A

Exploring the Mathematical Universe: A Journey into the Beauty and Relevance of Mathematics

The world of mathematics is an intricate web of patterns, numbers, and relationships that underpin every aspect of our lives. To delve deeper into this fascinating realm, we embarked on a math project aimed at unraveling the beauty and significance of various mathematical concepts. Our activity aimed to demonstrate the practical applications of math in everyday life, showcasing its importance and relevance in diverse fields.

Students of class 10 A, did activity with multi link cubes in mathematics lab to prove sum to n terms in an Arithmetic Progression. With the activity, the concept was more clear and was also fun to learn.

- By L.Ashritha XA

Class 9 B Lab Activity to learn factorisation of a Polynomial

Students of class 9B performed lab activity on finding the factors of a polynomial using algebra kit. It was a good learning experience with fun, making mathematical concepts more interesting.

- By Nidhi Class 9 B



Theater Round (Experiential Learning

The students of grade IX B recently put on a theater round depicting the story of 'The Happy Prince.' This was an excellent example of experiential learning, as the students were able to fully immerse themselves in the story and gain a deeper understanding of its themes and messages. The quote "I hear and I forget, I see and I remember, I do and I understand" was used to guide this activity, as the students worked together to learn important lessons about values and morality. The students put in a lot of practice and effort to make this production successful, and the result was imposing. The setting was brought to life through background pictures, which added to the overall experience of the performance. After the play, the students were given the opportunity to ask questions and engage in a thoughtful discussion about the story and its themes. This was an extraordinary experience for all involved, and it exemplified the potential of experiential learning.

- By Abhilasha Reddy, IX B



Investing in Excellence: Professional Development for Educators

At Unicent, we have the privilege of exploring a wide range of workshop topics, allowing us to select sessions that align with our specific needs and interests. This personalized learning approach ensures that we receive targeted training in areas we wish to develop, ultimately enabling us to engage students in meaningful learning experiences and make a positive impact on their education. Active participation in workshops fosters a culture of reflective practice. We share our insights and learning experiences through "Webinar Insights," enabling us to focus on the practical application and implementation of new knowledge in our classrooms. This reflective process enhances our self-awareness and motivates us to refine our teaching methods. Here is a list of some of the workshops conducted at our institution, covering a range of topics including teaching techniques such as the Elicitation method and flipped classroom, assessment structures and blueprints, art integration, concept activities, addressing learning disabilities, the Jigsaw teaching technique, effective usage of graphic organizers, and maximizing the potential of panel boards for effective teaching.

- By K. Jyothi Math Faculty

Empowering Educators: Unlocking Innovative Teaching in Molecular Biology: I, Shailaja, a secondary science teacher at Unicent school attended a teachers training programme on 2nd Aug at CCMB. The Empowering Educators' Training Workshop on DNA Origami, Banana Protein Synthesis, and Games Related to Amino Acids was a successful and enriching experience for me, equipping me with novel approaches to teaching molecular biology concepts. By utilizing these innovative methods, I am now better prepared to inspire and educate my students, nurturing a new generation of scientifically literate individuals. The impact of this workshop will be felt in classrooms as students develop a deeper appreciation and understanding of the fascinating world of biochemistry and genetics.

- By Shailaja, Science Faculty



CBSE Workshop on Strengthening Assessment and Evaluation Practices: The CBSE Workshop on Strengthening Assessment and Evaluation Practices was organized by Unicent School Nagole for the teachers ,with the aim of enhancing their skills and knowledge in assessment and evaluation methods. The two-day workshop taken by the resource persons Ms.SasiKala ,Principal of Howard Public School and Ms.Prathima Sinha ,CEO of DRS Educational , provided valuable insights into the assessment structure, components of internal assessment, how grades are given in grade X by the board , and the utilization of Bloom's Taxonomy in question preparation. It also laid emphasis on the importance of Art Integration and Physical Education. The workshop commenced with an in-depth exploration of the assessment structure. One of the key highlights of the workshop was the incorporation of Bloom's Taxonomy in question preparation. Teachers were guided on how to create questions that align with each level, thus promoting higher-order thinking skills among students. Overall this workshop provided teachers with valuable insights and practical strategies to enhance their assessment and evaluation methods.

- By Ms Peri Aruna, English Faculty



" From Dreams to Reality: ISRO Scientist Workshops and Profile Enhancement for Students "



Interaction with Apurba Kanjilal - ISRO Scientist: Apurba Kanjilal, a scientist from ISRO has come to our Unicent School. Classes 7,8 and 9 had an interaction with him in the morning hours. The interaction was between 9'o o'clock in the morning till 12'0 clock afternoon. He first introduced himself and taught us about some paramount things like about the Chandrayaan -3, and also about Pancha Tatva, the way he interacted with us wasfascinating. He explained to us about some important factors of life, also he spoke about India. Everybody

was writing the key points which are very useful and had many questions, he with a kindheart answered all of our questions in a friendly manner. He was idolic and at the end of the session we got his autograph. Everybody was happy having a great time with him and loved it.

- By Nihaal Nag VIII A

Workshop on Profile Building: Recently a session was held for the students of grades 9 and 10 by Ms. Shilpa Sengar, an active member of IC3, about building our profile for applications. The session began with a question "Do we all know ourselves very well?" as knowing ourselves is very crucial to design a better profile. Our profile shows how confident we are about our own potential. We were told about what universities would like to know about their applicants and the elements which should be added in our application. We were given a few tips to make the profile more appealing with examples of students who got into the best universities. We came to know that extra curricular courses, mastering other languages and community work can also be a part of our profile. Furthermore, topics like criteria to choose a university, best online workshops and courses were discussed. The session also threw a spotlight on many other important components like scholarships, non-academic activities, and financial plans for education. It was a very informative session which helped us to plan a better future. It is very vital for students to know about their profile, especially in high school. We Unicentians are very thankful to Ms. Shilpa who had interacted with us and held an amazing discussion about profile building.

- By Lakshitha IX A



Self Motivation- Unleash your potential

In the journey of life, self-motivation is one of the precious skills. Whether you are striving for academic achievements, personal growth, personality development or facing challenges of everyday life, self-motivation is the secret weapon.

Here's what you can do-

- 1. Set SMART Goals- SMART means Specific, Measurable, Attainable, Realistic, Timebound. Define what you want to achieve.
- 2. Face Challenges- If the challenges are taken up as opportunities to learn and grow, they become the stepping stones to success.
- 3. Failures- Failures play a vital role in shaping our personalities as they teach us important lessons and make us wiser and stronger.
- 4. Have a Growth Mindset To keep learning, working hard and improving against all odds.
- 5. Stay Inspired- Get positively inspired from experiences, books role models and all the people and events that inspire you to achieve something great in life.
- Stay Persistent- Consistency is one of the important ways to achieve your goal. Practising every Studying every day, and finishing every day's work on the same day is the way to be persistent.
- 7. Support system- You are known by the company you keep. Surround yourself with friends and mentors who are hard-working and encourage you to reach your goals.
- 8. Self Care-Take care of your physical and mental well-being.

- By Ms Reshma Satav Academic Incharge

Nurturing the Future: The Evolving Role of Teachers and Parents: Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family. Let's begin with some nostalgia and talk about our school and college days. Weren't they some of the best days of our lives? The fun, the friends and the teachers; memories are made of them. Remember that stern teacher? Or that professor you admired? Back then, a teacher's interaction with his/her students' parents was limited to PTMs or at the principal's office depending on how notorious the student was. Today, times have changed and 'involved' and 'evolved' parenting means we, the teachers, interact with students' parents more often than ever. Sometimes, this is a good thing, but most other times, we feel that being a teacher today is like walking a tightrope with a hungry lion beneath.

It's a 70-30 effort. Working on a child's capability is a joint effort. If teachers put in 70% effort, we hope that parents can put in 30% effort at home. We cannot alone bring out Einstein or Milkha Singh in your child..As parents, teachers we make not only students Productive citizens but also Pro Life citizens, promoting life to become our future leaders of peace and harmony and confidently trusting the Divine always.

- By Ms Jyothi Bandi, Headmistress

Work on your limitations and Nurture your skills:

We all have a unique set of skills and limitations. While it is important to recognize and nurture one's skills, it Is also important to work on limitations which one has. Feelings such as fear, self-doubt, feeling you're not good enough live in our minds and can stop us just as effectively as physical limitations.

But limitations can be overcome, or at least stretched, and you can probably find numerous examples of people in your own life who have done so - maybe even yourself. Here are a couple of famous examples:

- Irish painter Christy Brown, born with cerebral palsy, painted with the only limb over which he had control. His story is told in the film MY LEFT FOOT
- OPRAH WINFREY, a woman of color who grew up with poverty and abuse, is one of the richest and most successful people in the world. Nurture your skills: School life provides you an opportunity to explore and nurture several skills beyond academics. Try to enhance your skill set by joining societies / clubs which are of your interest.

So, what can you do to push back your limitations?

- a. Be realistic about who you are and what you can do: Self-pity and giving up are the biggest obstacles you'll face.
- b. When you feel limited by your circumstances, come up with as many alternatives or options as possible. Be imaginative.
- **c.** Challenge your limiters. Keep pushing the envelope. Make it a chance to play, not a reason to diminish yourself or your abilities.
- d. Change your expectations, or let them go altogether.
- **e.** Value the talents and abilities you do have, and leverage them. Understand your own value, rather than restricting yourself to other people's expectations, and use your gifts fully.
- **f.** Use your limitations to help you focus and use your resources efficiently. Efficiency is about determination to meet a goals.

- By Ms P. Lakshmi ,Student Counselor

Awards and Rewards

"Recognizing Excellence: Honors and Rewards for Student Achievements"



Hiteshree – I B, She is one of the top Seven finalists in category- I of Sakshi Math Bee 2022-23 (on 29.03.2023)



Times of India NIE Mirchi Maza in association with Radio Mirchi 2023-24 (Date: 13.04.2023)



Best Student of the year award AY 2022-23 from NIE Times of India to Sanjana of XB (17.04.2023)



Event Name: Anusuya Trophy- Inter School ART and CRAFT competition 2023-24

Students got four prizes in the Art and Craft competition conducted on 13.07.2023 by Johnson Grammar School (CBSE), Nacharam.

ART: Category-A(Class III & IV)

1. Ambika-4c 1st prize (topic-Underwater park)

CRAFT: Category-B (Class V to VII)

- R Rishik-6B 2nd prize
 (topic-Fruit or Vegetable Carving)
 Category-C (Class VIII to X)
- 1. GN Saranya-9A 3rd prize (topic-lippan Art-Mirror Design)
- 2. PAshritha reddy-10B 1st prize (topic-Miniature Craft -My Living Room)



Tishya Chatterjee of VIII B got 3rd prize in ACF's 4th Invitation State Open Children Chess tournament 2023 Under- 14 which was conducted on 6th August 2023, Hyderabad.



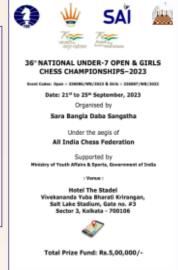
Nanduri Narayana Srivatsav of II A got 2nd prize in State Open Chess tournament 2023 Under-7 which was conducted on 6th August 2023, Hyderabad and was Organized by Pragathi Chess Academy, Hyd.



N Narayana Srivathsav -IIA got 5th Rank (state level) Telangana State Under-7 Boys & Girls Chess championship 2023 and is selected for theNational Level



Seniors



Awards and Rewards



Karate students in senior assembly



Swatantra Swaram (Dance program) class IX students perform (Memento and certificate) Tridhara, Nidhi, Nikitha Sravan Piler, Naga Saranya, Naga Akshara



Abhilasha-9B, got appreciation certificate from Yuva Yukta G20 Summit 2023



Students got prizes in different competitions from the Event Sports Fest 2023 MK'S Sports Fest 2023, Organized by Delhi Public School, Nadergul Campus.

Event date: 26.08.2023 Total 17 prizes.

I. Swimming (Under-10)

- 1. Venepalli Mithun IV A
 - i. Medley Relay 4x25M First prize (Gold medal)
 - ii. Breaststroke 25M Third prize (Bronze medal)
 - iii. Freestyle 25M Third prize (Bronze medal) Swimming (Under-10)
- 2. Sandilya Tiwari V C
 - I. Medley Realy 100M First prize (Gold medal)
 - ii. Backstroke 25M First prize (Gold medal)
 - iii. Freestyle 50M Second prize (Silver medal)
- II. Swimming (Under-12)
- 1. B Prabhat Muthuswamy VII A
- I. Freestyle 50M First prize (Gold medal)
- ii. Butterfly 50M First prize (Gold medal)
- iii. Individual Medley (I.M) 100M First prize (Gold medal)
- iv. Medley Relay 4x25M First prize (Gold medal) Swimming (Under-12)
- 2. B Sri Pragna VII A
 - I. Freestyle 50M First prize (Gold medal)
 - ii. Medley Relay 4x25M Second prize (Silver medal)
 - iii. Breaststroke 50M Third prize (Bronze medal)
 - iv. Freestyle Relay 4x25M Third prize (Bronze medal)

III. Skating (Under-8)

- 1. Kunta Rudraansh I C
 - $Recreational\ In line\ First\ prize\ (Gold\ medal)\ (Under-14)$
- 2. R Harshith Reddy VIII A
 - Professional Inline Third prize (Bronze medal)
 - IV. Athletics
- 1. Long jump (Under-14)
 - $i.\,Harshika\,Tiwari\,\hbox{-}\,X\,A\,\,\hbox{-}\,Third\,prize\,(Bronze\,medal)$



Teacher accomplishments Ms. Peri Aruna and Ms Kunde Sudha have successfully completed IC3 (International Career And College Counseling) one year flagship programme 'Empower' and were graduated on 23 August by IC3 Movement



Karate Juniors

Students got prizes in National level Karate championship 2023

 $RSSKAI\,CUP\,2023, Organized\,by\,Rezuki\,Shotokan\,sports\,karate\,academy\,India$

Event date: 27.08.2023

Total 7 prizes.

- I. Under 12 age category
 - 1. C Mokshitha III A Third prize (Bronze medal & Certificate)
- 2. Tanvika S III A Third prize (Bronze medal)
- $3.\,N\,Tanvi\,\hbox{-}\,III\,B\,\hbox{-}\,Third\,prize\,(Bronze\,medal\,\&\,Certificate)$
- 4. Aganya kulkarni III B First prize (Gold medal & Certificate)
 5. Shivadhvika K III B Second Prize (Silver medal & Certificate)
- 6. Priyadarshini VII B Third prize (Bronze medal & Certificate)
- 7. Bhavya P VIII A Third prize (Bronze medal & Certificate)
- * Prizes were given today in the junior assembly of classes 3-5 on 29th August





CBSE Aff. No. 3630132

Nagole Campus

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