



CBSE Affiliation No:3630132

Self-discipline-Mastery of Thoughts

“Self-discipline starts with the mastery of your thoughts. If you don’t control what you think, you can’t control what you do”. It is a key trait that is essential for success in all areas of life, including personal and professional endeavors. It requires a strong sense of self-awareness, as well as the ability to delay gratification and make short-term sacrifices for long-term benefits.

Developing self-discipline can be challenging, but it is a skill that can be learned and strengthened over time. This can be done through regular practice, setting small achievable goals, and creating a supportive environment that encourages positive habits and behaviors.

By:- Mrs Madhavi Fernandez

Class Teacher of:- VIII A

Wisdom: The Soul of Knowledge

Knowledge and wisdom are often interchangeable, but they possess distinct meanings and implications. Knowledge is the accumulation of information and facts acquired through learning and experience. It involves understanding concepts, theories, and data. In contrast, wisdom is the ability to apply knowledge in a thoughtful and discerning manner, making sound judgments and decisions. Wisdom is developed through reflection, critical thinking, and learning from mistakes. While knowledge provides the “what” and “how”, wisdom adds the “why” and “when”. Knowledge can be taught, but wisdom is earned through time and experience. For instance, a student who possesses knowledge of various academic subjects may excel in exams and assessments. However, wisdom comes into play when the same student uses their knowledge to prioritize their studies, manage time efficiently, and maintain a healthy work-life balance. Wisdom allows the student to see the bigger picture, set achievable goals, and make informed choices about their career path and personal development.

By: Mrs Jyoshna Priyanka Class Teacher of:- VIII B

Books: Our Best Friends

Books are our best friends because they help us increase our knowledge, enhance our vocabulary and make us more creative. A best friend in our life is someone who helps us in need, tells solutions to our problems and whom we spend time with. A book can be considered as a best friend because it has all the qualities of a best friend. They are always available for us to explore them. We can read them at any time we want. There are many types of books like comics, storybooks, textbooks, magazines and so on..... Reading books also inspire us to do great things in life and overcome our failures.

By:- Gopi Reddy Rohan Grade:- VIII A

Discipline

Discipline is the key for success. It helps us to be in a proper routine and behave well. It is a choice to gain success. There are many ways through which we can be disciplined, few of them are :- following a timetable, respecting elders, being punctual and so on..... Discipline is a very simple format of presenting oneself. It is the cumulative skills of both hard work and smart work. A person who is disciplined is respected and admired by everyone in the society.

By:- J. Vedaasree Grade:- VIII A

River's Grace: A Timeless Flow

In the heart of nature's embrace,
Where life's journey sets its pace,
There flows a stream, both old and true,
A timeless beauty, the River New.

Born from mountains, snow-capped and grand,
It springs forth, a lifeline to the land,
Majestic currents, winding and free,
An ancient spirit, flowing with glee.

Its waters dance with the morning sun,
Reflecting hues as the day's begun,
Through valleys green and forests tall,
It weaves a tale, enchanting all.

In solitude, the soul finds peace,
By its banks, all troubles release,
A healing balm for hearts in pain,
In its embrace, serenity reigns.

O River New, your grace endures,
A timeless flow that long ensures,
Connecting lands and hearts anew,
In every bend, a love grew.

So, let us cherish this gift divine,
Preserve its beauty all of the time,
For in the River's gentle flow,
Life's essence thrives, and spirits grow.

By:- Ishaan Shinde Grade:- VIII B

Friendship

Best friends stick together till the end,
It's like a straight line that never bends.
Friendship is a great thing to have when you are in trouble.

A friend is someone whom we turn to,

When our spirits need a lift.

A friend is someone whom we treasure,

Friendship is a gift.

Friendship is worth more than gold.

In good times and bad,

The bond will endure

Whether happy or sad

The love will be pure.

By:- Avantika .S. Nair Grade:- VIII B

The Beauty of The Nature

Green trees for generosity
Standing mountains for perseverance
Flowing rivers with the power of persistence
Nature leads us to ethereal beauty
The lessons are hidden deep and exquisite.
Nature's endurance with patience
Man's exploitation by over greed
The trees lying on the ground
The streams are muddy and gloomy
The skies are with smog and the soil barren.
The danger lurking at the end
The lost opportunity to mend
Let's unite together to restore the Mother
Let's see the serenity of the Nature

By:- A.Sri Deeksha Grade:- VIII B

Mind-blowing Facts That Will Make You Wonder. How!

- The nose has been estimated to recognize 1 trillion smells.
- Bodies give out a tiny amount of light that we can't see.
- Babies can not shed tears till they are a month old.
- The Taj Mahal has marble cancer.
- The Eiffel Tower shrinks in the summer.
- The Masons and the Pope were involved with the monument.
- Every dog has a unique nose print with no two alike.
- Slow loris monkeys have poisonous elbows.
- Ladybugs are cannibals who eat their own siblings to eliminate competition.
- Baby spiders eat their moms.

By:- Maha Mahboob Kaleem Grade:- VIII B

Riddles:

1. Where does Friday come before Thursday?

Ans. Dictionary

2. What begins with 'e' and only contains one letter?

Ans. Envelope

3. You can break me easily without even touching me or seeing me. What am I?

Ans. Promise

4. Tall when I'm young, and I'm short when I'm old.
What I am?

Ans. Candle

5. What is full of holes but can still hold water?

Ans. Sponge

By:- G. Aditha Reddy & Jacinth Zoe Grade:- VIII A&B

Hands-On Learning: Exploring Pollution Through Action

Eighth-grade students embarked on a comprehensive project addressing the critical issue of "Air and Water Pollution." During the dedicated project week, our activities were organized among four groups, encompassing three distinct tasks: model construction, role-playing, and presentation development.

The initial activity centered around the creation of a water purification model, sparking enthusiasm and excitement within the group.

Our classmates' role-play performance was nothing short of energetic and imaginative, as their script infused humor that elicited laughter from all who witnessed it. Lastly, the multimedia presentation focused on the pollution challenges facing the Ganges River. It was a visual delight, featuring exquisitely designed slides that enhanced the content's impact.

By Srikar Grade VIIIB

Save Water

Water is a valuable resource which is used in our daily life. Salt water on the Earth is 97%, Ice on the Earth is 2% and freshwater on the Earth is 1%. So that we have to save the water on the Earth. But how?

Solutions

- We can save the day by bathing with bucket rather with the taps open or showers.
- We can save water by using how much water we need.
- We can save water by using vegetable waste and pouring it to plants.
- We can reuse the water by using the process of 'Wastewater Treatment'

Taken from:

<https://infinitylearn.com/surge/english/article/article-on-save-water/>

By:- Amrutha Varshini Grade:- VIII B

The Person Whom We Will Never Meet!

Seeing the title you all must be thinking that this article is about a stranger or about an unknown person whom we never knew. But no! This article is all about 'We'. Yes you read it right. In our life, we will never know what will happen to us in our future. This makes our future a stranger for ourselves. We can imagine our future or even predict our future, but can never tell the exact future of ours. Life is a place which has many ups and downs which no one can predict. This makes our life interesting and adventurous. Overcoming the problems in our life gives us an opportunity to meet a different and upgraded version of ourselves.

Life shows us different paths which leads us to different destinations. It is very important for us to choose the right path so that our future will be in the way we imagined.

By:- Saanvi VIII B.

My Cherished Memories

On a day etched in my memory, I found myself overcome with nervousness. As I stood outside the school, I took deep breaths to calm my racing heart. Accompanied by my parents, I ventured into the school's office where a staff member greeted us with a question, "Admission test?" My mother swiftly replied, "Yes, for class 8."

The staff member meticulously documented my credentials and gestured towards an adjacent office, inviting us to take a seat. My heart continued to race as I stepped into the office. There, a welcoming lady in red looked up, smiled, and said, "You must be the new student." I replied nervously, "Yes, I am."

She retrieved a stack of papers from her desk drawer and invited me to sit beside her. I was informed that I had one hour to complete the test. With determination, I tackled every question to the best of my abilities. To my surprise, I got the best marks in the admission. I was thrilled and over-excited. With excitement, we left the school and returned home. As weeks passed, the school year began, and I found myself in my designated classroom. Reflecting on the whirlwind of experiences from those few months, I realized that they had become cherished memories in Unicent School.

By:- N. Girisha Grade:- VIII B

Time Management

Time management refers to the efficient use of time. We all have the same twenty-four hours every day at our disposal. If we use our time productively and efficiently, we can make most of the time available to us, and succeed. We need to do this in a stress-free and relaxed manner so that the best result comes out. By overworking we stress ourselves, and that is neither judicious nor sustainable. We need to strike a balance between work and rest, and use our physical, mental and intellectual resources in the best way and wisely manage our time. We do different activities each day, some of these being routine activities. For instance, getting ready in the morning or going for a morning walk or jogging are activities that we do every morning. Similarly, we go to school on each working day at the same time, taking the school bus or going for a walk. By managing our time effectively we can be punctual and do our activities without taking stress. For this we need to plan our day well and follow a time table. By preparing a time table we can accommodate our activities for each day in a proper way so that each activity gets the duration of time it deserves. Remember, different strategies work for different people.

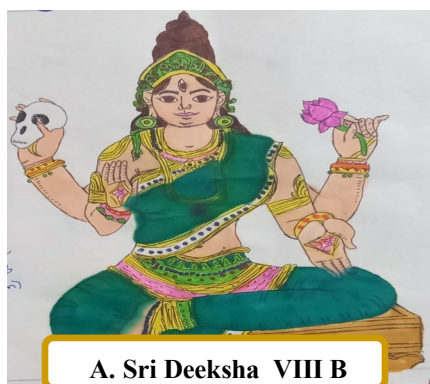
By:-E. Nihaal Nag Grade:- VIII A

Nature's Lap-A Place Where We Can Find Solace.

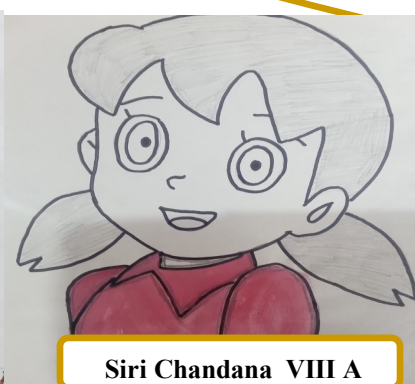
A man named Ram used to face many problems, so he wanted to relax for a day without any stress. He needed a place where he could find peace and solace. He first went to his home. Then, he visited a cafeteria where he couldn't find a good result. He tried many places but couldn't find serenity.

Days later, an opportunity arose when his organization arranged a trip to a hill station. During the excursion, he found himself separated from his colleagues. Seeking solace, he nestled beneath the shade of an apple tree and gazed upon a waterfall. As time passed, the soothing sound of the water enveloped him, and he gradually felt a profound sense of calm washing over him.

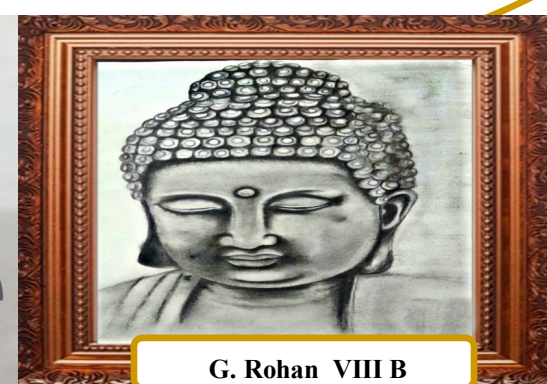
By:- P. Vrithika Grade:- VIII B



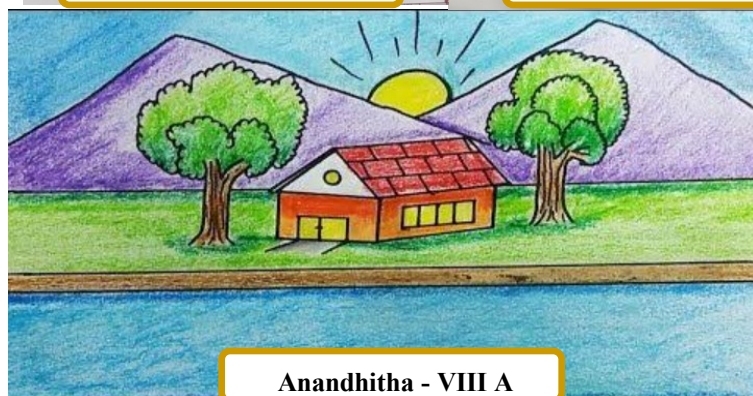
A. Sri Deeksha VIII B



Siri Chandana VIII A



G. Rohan VIII B



Anandhitha - VIII A



Manaswini - VIII A

Art Gallery

Student Editors — Tarini, Lakshitha, Shraddha, Abhilasha

Teacher Editor — Aruna



**UNICENT
SCHOOL**
CBSE Affiliation No: 3630132 Est. 2009

NAGOLE CAMPUS
Vanasthali Hills, Sy.No. 25p, Thattiannaram
GSI Post (Bandlaguda — Nagole), R.R. Dist,
Hyderabad — 500 068
Ph: 8500 600 404 | 8500 500 404

