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Inspiration From The Past, For The Future .

I am sure most of you reading this article right now, might be reminiscing about the stories told by your grandparents. Thrilling, exciting, wistful, nostalgic and what not. These bedtime stories have always been important in every walk of our lives. It is an age old saying that 'Storytelling puts ideas into the world and Mythology is a basis for thinking'. I hope you agree with this statement.

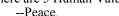
Mythology is said to be the study of myths in the past. It gives us a context into our world, literature, and beliefs, hence we cannot overlook its significance. It creates curiosity and imagination among the kids and helps them understand situations much better and more easily. And over a period of time, it helps the students to excel in academics, sports and performing arts. The ancient tales such as Mahabharat, Panchatantra or be it any Fables or Poetic Fantasies, creates excitement and keeps students interested to know further about all the characters. It helps in mental wellbeing and in turn teaches the values of good conduct. 'Good always wins over Evil', this statement sensitizes students to understand the importance of being good, proving that mythology wasn't to give us an experience of life but an experience of vitality in being alive. So, reading, telling and listening to stories should be inculcated right from a young age and practiced at all stages of life.

By -Ms Soma Biswas IX C.V Raman

Be Human

People are curious to know how the famous personalities believed in dedicating life to the service of humanity, to make the world a better place to live in. The fundamentals of humanity is basically to do well in life. Humanity is caring for and helping others whenever and wherever possible. It means helping others at times

when they need that help the most, forgetting the selfish interests at times when others need you, and being unconditional There are 5 Human Values



- --Truth.
- --Love.
- --Nonviolence.
- --Righteousness.

I asked a wise man, "Tell me sir, in which field could I make great career? He said with a smile, "Be a good human being. There is a hug opportunity in this area and very little competition."



There are the virtues also that guide us to take into account the human element when we interact with other human beings, for example, respect, acceptance, consideration, appreciation, listening, openness, affection, empathy and love towards other human beings.

Humanity and human dignity are the essence of moral goodness.

By -Mr . Vishal IX ,Salim Ali

My Experiences Of Travelling

Travelling is one of the greatest and best ways for the brain to learn about the world, broaden your horizons, and gain new perspectives. And hence this is one of the reasons I thoroughly enjoy traveling. I believe that it's the only way to truly experience different cultures and enrich your thought process.

I remember one of my experiences—I was left alone with my brother in a completely new place where we didn't know the language spoken regionally. We had to communicate with a security guard to pass through a multi speciality hospital to reach the other side of the pavement. We had one of our sisters with us who knew that language. When the staff communicated with us, I couldn't help but laugh as it was my first time hearing someone speak in a language which was completely unknown to us.

Do you know what's the best part of traveling? The memories you make. Deep in my memories, I met an unbelievably strong woman. And I can proudly say that she was the reason I overcame my fear. I would say that traveling is like a rollercoaster ride - it's bumpy, chaotic, and sometimes terrifying, but it's worth it.

"We do not travel to escape life, but so that life does not escape us".

By:- Sai Hasini IX C.V Raman

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Most Effective Tactics To Overcome Procrastination

Procrastination—the sworn enemy of many people. Have you ever wondered how we can defeat it? Recent studies have proved that 2 out of every 4 people are always found to procrastinate. Procrastination can limit your abilities, it can stop you from achieving your desires.

Based on my research, these are a few tips that help us to overcome procrastination.

1. <u>Accountability Partner</u>: Find someone with the same goals as yours and keep a track of what they have accomplished in that certain process of completing the task. When your partner finishes at least a part of their assignment, we get motivated and feel the urge to finish our work as well.

2. <u>The 5-minute rule:</u> Try the specific activity at least for 5 minutes. By doing this, it boosts your level of consistency and you continue to do the work. Now one important thing is that not everything works for everyone. If you're unable to keep up with that activity after 5 minutes, this one's probably not for you but do appreciate yourself that you took a step and tried it for a few minutes.

3. <u>Treat yourself</u>: Out of all the advice, this one is the most useful. In order to finish a task, reward yourself with something you enjoy after you're done. Consider the situation when you would like to binge-watch a series but are unable to do so due to schoolwork. Once you've finished your assignment, reward yourself by watching the series.

By:- Tarini Kulkarni IX C.V.Raman

Bunch Of Human Offsprings Getting Tutored

Bunch of human offsprings getting tutored.Sharp at five, Everyone arrived. Few were delighted to come, Clear joy visible in their mug. Some hunched forward Slowly and steadily they carry forward. Studying for two and a half, Not a thing to laugh at. Then when the tutor announced it's time to end the shift, they were all dismissed. The offsprings jumped and laughed Delighted to get back home. Getting on the road Meetings were held and they talked for a while. And slowly they all fade

By:- Tridhara :- IX CV Raman

The Last Day

We, common people Follow the crowd Making no difference What we did the day before A leader, I am Hoping to make a dent in the universe Following me are some speople That I never do

Doing the most important thing You could be doing now As if you are living The last day of your life...

By:- Aryan Sk, IX C.V.Raman

ICONIC DADS

Dads are most probably the only men we trust the most in the world. They do each and everything for us, they work hard to give us a better life. They want us to study hard and have a great future with no negatives in life but when we ask them about their school life, they start bringing up all the climax scenes from different movies combined together and they mention that they used to work so hard in those conditions where they had to cross a rainforest to get to school and could hear all the animals screaming on their way home, just to come up with "you have everything now but still are too lazy to go to school everyday".

When you tell them about something fun that happened at school, they start lecturing you out of nowhere. Another thing about dads is that if they buy you a snack and you tell them it tastes nice, the next day they would bring you a bunch of the same food just because you loved it—it's just one of their love languages. The iconic dad jokes are another way fathers express their love towards us. Even if they are the only ones who find the jokes funny and are the only ones who laugh at them, they always manage to engage themselves with us, even if it means cracking a few dad jokes.

By:- Hasini.Kuncharapu IX C.V.Raman

The Book that Inspired me- Amarchitra Katha (Women Empowerment)

A story to share among us bringing up new aspirations in little girls and boys. This story of a young woman will bring in us a new fire to fight against all odds. Anandibai Gopalrao Joshi, a name to remember, is one of the first women who broke all types of stereotypes kept by the Indian society. She was the first woman who had become a doctor in allopathy.

Her husband was a progressive thinker and unusually for that time, supported education for women. He encouraged Anandi to educate herself. Due to few turns in her life she aspired to become a physician. She wanted to provide women and children with proper health care. She learnt to read in English and Sanskrit. Theodicia Carpenter, a resident of New Jersey, happened to read a letter posted by them. Impressed by their confidence she wrote to Anandibai that she would be sponsoring for her education. She stressed the need for female doctors in India. Anandibai began her medical training at the age of 19. She graduated with an MD in March 1886. In late 1886, Anandibai returned to India, receiving a grand welcome. The princely state of Kolhapur appointed her as the physician-in-charge of the female ward of a local hospital.

Anandibai died of tuberculosis soon after her achievement. Though she had passed away, she had put forward a genuine inspiration for many aspiring women at that time who wanted to come out of their homes and work for the benefit of the society.

"To shine your brightest light is to be who you truly are." — Roy T. Bennett

Be You

Losing ourselves in a world full of chaos and havoc is easy. It is tempting to be someone else just for the sake of 'fitting in'. In a generation where social media is a massive part of a person's day-to-day life, we tend to envy others and compare ourselves. But we fail to see the beauty that lies within us.

What does "Be You" actually mean? It is showing up as your true and authentic self. Embracing all of you refers to valuing yourself, including your dreams, goals, and flaws without fearing judgment. It's about accepting yourself for who you are and all that you are.

Being yourself gives you the confidence to step out of your comfort zone, take risks and explore new opportunities.

Having a unique identity and aura gives you space to shine. You realize your thoughts, ideals, and ideas hold immense worth. You rise differently, and you glow differently. You inspire others and give out positive energy.

By Santhoshi, IX C.V Raman

By:- Abhilasha Mettu, XC.V.Raman

The Session That Inspired Me.....

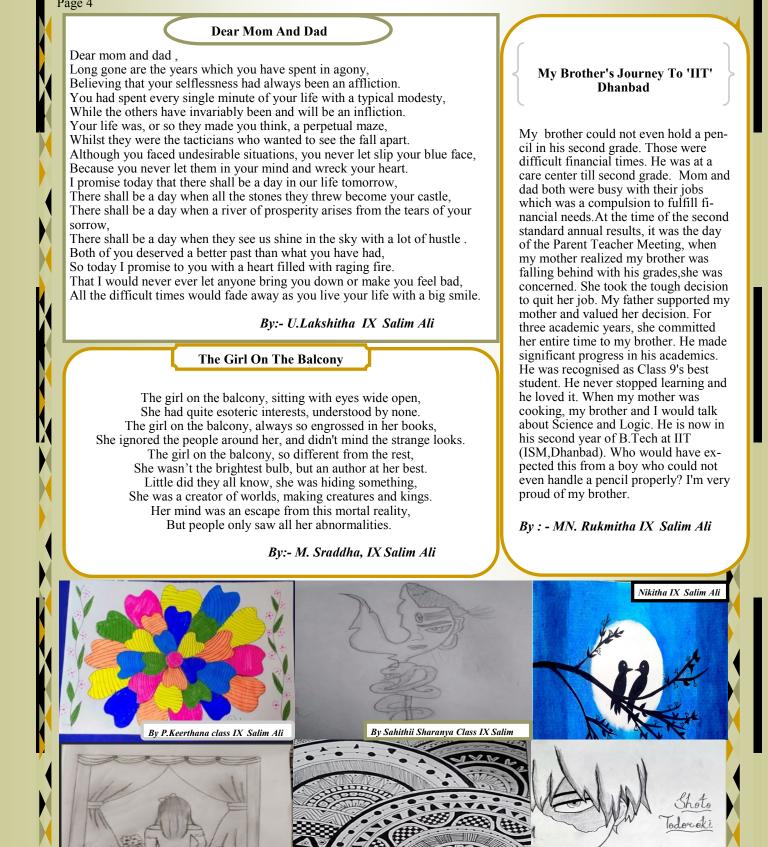
We had an enlightening session on the launch of Chandrayaan 3. The session was conducted by Mr.Apurba Kanjilal former head librarian and documentation faculty at ISRO,SDSC and SHAR, Sriharikota. The session explained about the launching of the rocket against the gravitational pull of the earth. Mr. Apurba explained the variance of Chandrayaan 3 from its past version Chandrayaan 2. Through the session I was introduced to the fact that, ISRO, in addition to its primary goal of landing a spacecraft on the moon, Chandrayaan-3, will also conduct scientific experiments to study the moon's environment, including its history, geology, and potential for resources. This was a great opportunity to expand our vision about space. I was inspired by this session and now have a strong goal to work with ISRO.I got to know that there are many efforts beyond my vision.

By - Abhiram Kunde, IX Salim Ali

My Goal

I am Homaja, a student from grade 9. I'm sure that we all arts and pursue fashion designing. When I shared my dream job with my well wishers , they questioned me if I wanted to fail in life . They made me think only those who fail in life chose arts, and not the others. However, I love art, and I want to choose art as my main subject . I have faced many questions when I shared my dream with others. I wonder, why do people look up to art unworthy to spend time on ? Why do they think it doesn't lead to a bright future? The answer which I got was that people have misconception about art as a career having limited opportunities . In India, parents want their children to choose courses such as MPC or BIPC because they believe only that can lead to success . But in other countries, they give equal importance to any career a person wants to pursue .. Everyone does have a dream to achieve ,follow it ,chase it and gain it .

By:-M. Homaja IX Salim Ali



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